



Class Information - Term 1, 2019

Term 1, 2019 resumes on Tuesday 29th January for an 11 week Term.

Public Holidays: Monday 28th January - Australia Day Public Holiday

Carmel & Co Gymnastics, 28 Sunset Ave, Barrack Heights, NSW ph: (02) 4297 4400
www.carmelandcogymnastics.com.au admin@carmelandcogymnastics.com.au

Registration Fees (Non-Refundable)	Recreational Gymnasts Levels Gymnast (Level 1 - 10)		\$75 per calendar year \$115 per calendar year	
Recreational Gymnastics Juniors (Under 8 years Boys & Girls)	Mon to Fri Saturday	3:45pm to 4:45pm 11:00am to 12:00pm	\$16.40 per hour (\$180.40 per term)	
Recreational Gymnastics Seniors (8 years & up Boys & Girls)	Tues, Thurs & Friday	4:45pm to 5:45pm	\$16.40 per hour (\$180.40 per term)	
Kindergym (Parent Involvement required)	(all ages) (1 - 2½ years) (2½ - 4 years)	Tuesday Thurs & Fri Thurs & Fri	10:15am to 11:00am 9:30am to 10:15am 10:15am to 11:00am	\$16.40 per class casual \$140.00 for a 10 visit card (12 mths exp)
Kindy Kids Club (Parents drop off & pick up)	Tues to Fri	11:00am to 1:00pm	\$24.00 per class (\$264 per term)	
Tumbling	Saturday	9:00am to 11:00am	\$26.00 per class (\$286 per term)	
Tumbling/Trampolining	Wednesday	4:45pm to 6:45pm	\$26.00 per class (\$286 per term)	
Trampolining (Beginner to Advanced)	Monday Friday	6:00pm to 8:00pm 4:00pm to 6:00 pm	\$26.00 per class (\$286 per term) (\$16.40 per week with tumble or cheer)	
Birthday Parties	Sat & Sun	1 ½ Parties	\$16.40 per child (Min 12 children)	
Holiday Program	Weekdays	7:30am to 6:00pm	\$50 per day or \$30 for Half Day	
Private Lessons		By Appointment	\$60 per hour Regular & \$65 Casual	
Adult Classes	Thursday	8:15pm to 9:15pm	\$16.40 per class (\$180.40 per term) \$17.50 per class casual visit	
School Sport & Excursions	We can customise your School Excursion to suit your needs. We have experience with local High Schools, Primary Schools & Pre-Schools. Please call for more information.			

Cheerleading Squads

Seahorses (Beginners 6-10 years)	Cheer	Monday	3:45pm to 5:45pm	\$26.00 per class* (\$260 per term)
Dolphins (Intermediate 8-13 years)	Cheer	Monday	5:30pm to 7:30pm	\$26.00 per class* (\$260 per term)
Infinity (Invitation only Adv - 12-18 years)	Cheer	Wednesday & Friday	6:45pm to 8.15pm 6:30pm to 8:30pm	\$45-50 per week (\$500-50 per term)
Group Stunt (Invitation only Adv - 8 years+)		Friday	Varying Times	\$9.75 per class* (\$97.50 per term)

Cheerleaders must be assessed for these squads.

***Cheer Classes are \$26 for the first 2 hours, and \$9.75 per hour (or part of) thereafter.**

Levels Squads - Mens & Womens Competitive Gymnastics (By selection only)

Pre-Levels (2 hrs)	\$26.00 per class (\$286 per term)	National Levels MAG & WAG
WAG 5-8 years	Monday 4:00pm to 6:00pm	Monday - Friday
WAG 5-8 years	Wednesday 4:00pm to 6:00pm	Elite Levels WAG
MAG 6-12 years	Monday 4:00pm to 6:00pm	Monday - Saturday
WAG 9+ years	Tuesday 6:00pm to 8:00pm	<i>Please see Administration for a full list of levels Squads and training times.</i>
WAG 9+ years	Wednesday 6:00pm to 8:00pm	