

Dance & Acro Clinic



- Date:** *Monday 9th January 2012*
- Venue:** *Carmel & Co Gymnastics, 28 Sunset Ave, Barrack Heights*
- Time:** *9:00am - 4:00pm*
- Entry Fee:** *\$115 to be paid by the 16th December*
- Please note:** *We are only accepting 25 Dancers, so those who pay first will guarantee themselves a position.*
- Bring:** *Socks for trampoline beds, lunch and a drink*

We will be holding a clinic in January for Intermediate to advanced Dancers. The focus will be on arial awareness, acro elements, and we will also be covering leaps, turns and jumps etc.

Your instructors will be Carmel Blades (Level 3 FIG coach) who has years of experience working with Dancers and teaching advanced tumbling and Acro elements, and Stacey Umeh (Level 3 FIG coach) who is one of the worlds leading choreographers of Gymnastics floor routines. Stacey is also a consulting Ballet and choreography specialist to Australia, Japan and several other countries gymnastics teams.

Our venue has a lot of specialised tumbling equipment including a 10 metre tumbling trampoline, bungees, foam pit, sprung floor, air floor amongst other things.

This is a great opportunity, however places in the clinic are limited to 25, so complete the form below, and return it along with your payment to confirm a place.



Dance & Acro Clinic—January 9th, 2012

My child will be attending the Dance & Acro Clinic in January, 2012.
Parent/ Guardian Name: Contact Phone #:



Payment Method

(Please attach your cheque or Credit card details and place in the fees box at reception. Cash and debit card payments in person only please)

- Cheque Visa BankCard MasterCard Cash / Debit Card

Card Number:

Card Holder's Name: _____ Expiry Date: ____/____/____

Payment Amount: \$ _____ Signature: _____ Date: ____/____/____