

# WAG Athlete Clinic



**Date:** Saturday 7th - Sunday 8th January 2012

**Venue:** Carmel & Co Gymnastics, 28 Sunset Ave, Barrack Heights

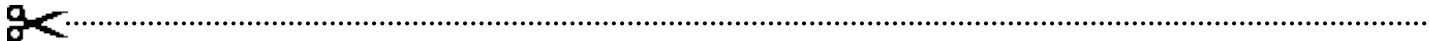
**Time:** 8:45am - 5:00pm both days

**Entry Fee:** \$145 to be paid (includes lunch both days)

**Please note:** We are only accepting 60 Gymnasts from NSW and interstate, so first in, best dressed.

This is a great opportunity for all of our IDP and National Level 3 - 10 gymnasts to work with some of the best coaches in the country. The two day clinic will focus on skill development of the athletes, as well as drills and techniques that will lay solid foundations for high level skills down the track. Our coaches for the two days will be:

- Stacey Umeh-Lees** – FIG Level 3 WAG Coach & National choreographer.
- Ming Lu** – Former Chinese National team member, Chinese team coach, and AIS Coach.
- Xiaoqing Li** – Former Chinese National Coach, Sydney Olympics 2000.
- Carmel Blades** – FIG Level 3 WAG Coach and club founder of Carmel & Co Gymnastics.



## Athlete Clinic—January 7th & 8th 2012

My child ..... will be attending the Athlete Clinic on the 8th & 9th of January.  
 Parent/ Guardian Name: ..... Contact Phone #: .....



### Payment Method

(Please attach your cheque or Credit card details and place in the fees box at reception. Cash and debit card payments in

Cheque      Visa      BankCard      MasterCard      Cash / Debit Card

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